PATH TO ALTRUISTIC PRACTICE

When Self and Others Become One Path

At a certain depth of awakening, the spiritual genius discovers a truth that cannot be forced, imitated, or fabricated: **the boundary between self and others dissolves**. She begins by cultivating the attitude that her well-being and the well-being of others are equal—neither subordinated nor exalted. But as her insight matures, a greater realization dawns: she cares for others even more than for herself.

At this point, the distinction between "my good" and "their good" vanishes.

There is no longer my aim versus their aim.

There is only **the aim of awakening itself**, expressed through the needs of beings.

Individualism and altruism cease to be two directions. They become one motion, one heart, one vow. The spiritual genius does not choose between herself and others—she experiences no separation to begin with.

The Fierce Superiority of Altruistic Purpose

Even the most merciless worldly person would never inflict upon his enemy the kinds of hardships a compassionate being willingly accepts for the sake of others. This is the measure of altruism's dominance over self-concern.

The spiritual genius endures what others would flee from, not because she is numb or indifferent, but because **love burns hotter than fear**. Her altruistic aims are therefore superior—not in theory, but in the extremity of what she willingly bears.

The suffering she accepts is the evidence of her vow: she stands where others collapse, moves where others retreat, and gives of herself where others withhold. No outer torment can compete with the inner force of her compassion.

The Thirteen Ways She Lifts Beings

The spiritual genius moves among beings of different spiritual capacities—some low, some middling, some great—and her approach adapts to each without preference or pride. Her altruism expresses itself in **thirteen profound movements**, each one a facet of liberative art.

- 1. **She teaches clearly**, using all the powers of communication.
- 2. **She attracts beings**, drawing them near through presence and compassion.

- 3. **She introduces them to the path**, guiding them to embrace the teaching.
- 4. **She resolves their doubts**, revealing the meaning behind the teachings.
- 5. **She develops their virtues**, nurturing their latent beauty.
- 6. **She advises them**, offering guidance fitted to their inner state.
- 7. **She steadies their minds**, bringing stability to hearts that tremble.
- 8. She liberates their intellect, opening their wisdom and freeing their insight.
- 9. **She endows them with excellence**, helping them awaken higher capacities.
- 10. She elevates them into the noble lineage, awakening the spiritual gene within them.
- 11. She grants the prophecy of awakening, revealing their destined liberation.
- 12. She bestows consecration, sealing them with the wisdom of the awakened ones.
- 13. **She exalts them to the highest realization**, guiding them to the summit of spiritual maturity.

Through these thirteen expressions, she moves beings from confusion to clarity, from ignorance to insight, from fragmentation to the fullness of awakening.

The Perfection of Altruistic Practice

The altruistic practice of the spiritual genius reaches perfection when it becomes:

- precisely attuned to the unique nature of each being,
- free of arrogance, even when her abilities are extraordinary,
- unselfish, never treating beings as possessions or projects,
- **skillful**, revealing meaning in ways each heart can grasp,
- patient, growing virtue without coercion or haste,
- restrained, so that her guidance carries the weight of wisdom and not force,
- far-reaching, able to elevate beings into the lineage of awakening,
- **inexhaustible**, because her compassion responds to an endless world with an endless vow.

Her altruism is fueled not by obligation but by insight. She knows that she cannot bring others to peace unless her own mind is peaceful. She cannot liberate unless her own liberation is stable. She cannot guide unless she herself has walked the terrain. Thus her service is grounded in mastery, not in sentiment.

The practice becomes perfect when wisdom, compassion, patience, skill, and boundless effort merge into a single movement of the heart—the movement to awaken all beings without exhaustion, without pride, and without end.